Harbison Shores ifestyle



ASSISTED LIVING COMMUNITY 990 Columbia Avenue • Irmo, SC 29206 • (803) 749-7889 • www.carolina-gardens.com

Hello From the Executive Director



What is special about June? Father's Day.

In 1972, President Richard Nixon's administration declared the 3rd Sunday in June a day to recognize and honor the fathers in our society.

In researching what do most men want for Father's Day, the following was found.

 \cdot To Sleep In. Having kids usually means getting a lot less sleep than you once did.

 \cdot Take a Nap. Yes, sleeping in and taking a nap are two different things.

 \cdot A Nice Dinner. Whether that means taking dad out to lunch or cooking his favorite meal.

 \cdot Play Video Games. No matter how old they get, a lot of dads live for playing.

At Harbison Shores, we can accommodate the above wishes; let's all give those Fathers in our lives a shout out this Father's Day.

Elaine M. Till. NHA, CRCA Executive Director

JUNE 2025

Father's Day

We asked our staff who are fathers, what being a father means to them. Here are the responses: Ryan: Being a father is living for the complete good and well-being of my children, loving them, teaching them, providing for them, protecting them, and demonstrating for them how to live for the best and most honorable things in life. And while doing all this, we have a whole lotta fun together! Clay: Being a father is being dedicated, obligated, and spending quality time with family. Chris: Being a father means being a protector, comforter, being supportive, and being reliable. Ronnie: Being a father is wanting to see the "Young" family name go on, to see my family grow, and to watch my kids grow up.





HARBISON SHORES	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ASSISTED LIVING AT EASE ASSISTED LIVING AL# CRC-2083	1 10:00 Current Events Social - DR 11:00 AM Snacks and Hydration - DR 1:30 Afternoon Movie - TR 3:00 Church Service - DR	2 10:30 Morning Meditation and Exercise - TR 11:00 AM Snacks and Hydration - DR 1:00 Group Jigsaw Puzzle - TR 1:30 Care Group - TR 3:00 Bingo Marathon - DR	Hydration - DR	4 10:00 John Gibbons Performs - MC 11:00 AM Snacks and Hydration - DR 11:00 Exercise - TR 3:00 Bingo Marathon - DR 6:00 Movie in Theater Room	5 10:00 Morning Yoga - TR 11:00 AM Snacks and Hydration - DR 2:00 Arts and Crafts - DR 3:00 Bible Study with Jim - TR	6 10:00 Morning Matinee - TR 11:00 AM Snacks and Hydration - DR 2:00 Happy Hour - DR 3:00 Afternoon Social - DR	7 10:00 Coffee Social - DR 11:00 AM Snacks and Hydration - DR 1:30 Independent Supplies Available - See Med Tech 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
June Birthdays June 10th: Tommae Sligh June 13th: Nancy Hawkins June 17th: Betty Gibson June 20th: Kay Cowan June 27th: Mary Jacobs	8 10:00 Current Events Social - DR 11:00 AM Snacks and Hydration - DR 1:30 Afternoon Movie - TR 2:00 Service With Bishop Edson From The Universal Church - TVR 3:00 Church Service - DR	9 10:30 Morning Meditation and Exercise - TR 11:00 AM Snacks and Hydration - DR 1:00 Group Jigsaw Puzzle - TR 1:30 Care Group - TR 3:00 Bingo Marathon - DR	10 11:00 AM Snacks and Hydration - DR 11:00 Spa Time - DR 1:30 Gardening Club - DR 3:00 Arts and Crafts - DR 4:00 Social Hour - DR		12 10:00 Morning Yoga - TR 11:00 AM Snacks and Hydration - DR 2:00 Arts and Crafts - DR 3:00 Bible Study with Jim - TR	13 10:00 Morning Walk 11:00 AM Snacks and Hydration - DR 2:00 Happy Hour - DR 3:00 Afternoon Social - DR	14 10:00 Coffee Social - DR 11:00 AM Snacks and Hydration - DR 1:30 Independent Supplies Available - See Med Tech 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
Holidays June 4th: National Cheese Day June 10th: National Iced Tea Day June 21st: World Day of Music June 27th: National Bingo Day Calendar	15 10:00 Current Events Social - DR 11:00 AM Snacks and Hydration - DR 1:30 Afternoon Movie - TR 3:00 Church Service - DR	16 10:30 Morning Meditation and Exercise - TR 11:00 AM Snacks and Hydration - DR 1:00 Group Jigsaw Puzzle - TR 1:30 Care Group - TR 3:00 Bingo Marathon - DR	17 11:00 AM Snacks and Hydration - DR 11:00 Music With Ron Rogers - TVR 11:00 Spa Time - DR 1:30 Exercise - TR 2:30 Resident Council Meeting - DR	10:00 John Gibbons Performs	Juneteenth 19 10:00 Morning Yoga - TR 11:00 AM Snacks and Hydration - DR 2:00 Arts and Crafts - DR 3:00 Bible Study with Jim - TR	20 10:00 Morning Matinee - TR 11:00 AM Snacks and Hydration - DR 2:00 Happy Hour - DR 3:00 Afternoon Social - DR	21 10:00 Coffee Social - DR 11:00 AM Snacks and Hydration - DR 1:30 Independent Supplies Available - See Med Tech 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
Locations TR = Theater Room DR = Dining Room A Welcome to Our New Residents Dolly Phillips Glenn Phillips	22 10:00 Current Events Social - DR 11:00 AM Snacks and Hydration - DR 1:30 Afternoon Movie - TR 2:00 Service With Bishop Edson From The Universal Church - TVR 3:00 Church Service - DR	10:30 Morning Meditation and Exercise - TR 11:00 AM Snacks and Hydration - DR 1:00 Group Jigsaw Puzzle - TR 1:30 Care Group - TR 3:00 Bingo Marathon - DR	24 11:00 AM Snacks and Hydration - DR 11:00 Spa Time - DR 1:30 Gardening Club - DR 2:30 Meet the Chef - DR 3:30 Music With Steve McFaddin - DR 4:00 Social Hour - DR		26 10:00 Morning Yoga - TR 11:00 AM Snacks and Hydration - DR 2:00 Arts and Crafts - DR 3:00 Bible Study with Jim - TR	27 10:00 Morning Walk 11:00 AM Snacks and Hydration - DR 2:00 Monthly Birthday Celebration - DR 3:00 Afternoon Social - DR	28 10:00 Coffee Social - DR 11:00 AM Snacks and Hydration - DR 1:30 Independent Supplies Available - See Med Tech 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
"The most wasted of days is one without laughter." —E.E. Cummings Activities Subject to Change	29 10:00 Current Events Social - DR 11:00 AM Snacks and Hydration - DR 1:30 Afternoon Movie - TR 3:00 Church Service - DR	30 10:30 Morning Meditation and Exercise - TR 11:00 AM Snacks and Hydration - DR 1:00 Group Jigsaw Puzzle - TR 1:30 Care Group - TR 3:00 Bingo Marathon - DR					







Employee of the Month

Ashley is such a blessing to have as part of this community. She has a sweet personality, she's always caring and helpful, she does her job very well, and she is very reliable. Ashley is a solid staple at Harbison Shores, and we definitely don't take for granted. Thank you for all you do, Ashley!



