

# THE Harbison Shores Lifestyle



HARBISON SHORES  
SENIOR LIVING AT EASE

Like Us!



ASSISTED LIVING COMMUNITY  
990 Columbia Avenue · Irmo, SC 29206 · (803) 749-7889 · [www.carolina-gardens.com](http://www.carolina-gardens.com)

## Hello From the Executive Director



At Harbison Shores we not only celebrate St. Patrick's Day, but March Madness is a big deal!

What is March Madness? It was first coined in 1939 by Illinois high school official, Henry V. Porter, referring to the original eight team basketball tournament. He wrote that "A little March Madness may complement and contribute to sanity and help keep society on an even keel!"

The 2025 March Madness tournament starts with selection Sunday on March 16th as 68 teams will play in the 2025 NCAA tournament for men's basketball.

The 2025 women's March Madness will begin on March 19th, 2025, and end with the National Championship game on Sunday April 6, 2025.

We will participate in March Madness with the bracket, tailgate parties and, if we win the bracket, a big party. Please join our staff and residents in the March Madness Festivities this year.

Elaine M. Till, NHA CRCA  
Executive Director

## MARCH 2025

## Nursing and Dietary Work Hand-in-hand. Team HARBISON!



# MARCH 2025

## March Birthdays

Carolyn Stevens: March 2nd

## Upcoming Holidays

 March 1st: Share a Smile Day  
 March 8th: Genealogy Day  
 March 12th: National Plant a Flower Day  
 March 17th: St. Patrick's Day

## Calendar Locations

 TR = Theater Room  
 DR = Dining Room

## A Welcome to Our New Resident

Margit Ruby

## Dublin in America

Most people recognize Dublin as the capital of Ireland, but several American cities have the same name. Ohio, California and Georgia are a few of the states that are home to a Dublin.

**"Flowers don't worry about how they're going to bloom. They just open up and turn toward the light and that makes them beautiful."**  
 —Jim Carrey

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10:00 Coffee Social - DR 10:30 AM Snacks and Hydration - DR 1:30 Independent Supplies Available in Theater Room for Your Use 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
2 10:00 Current Events Social - DR 10:30 AM Snacks and Hydration - DR 1:30 Afternoon Movie - TR 3:00 Church Service - DR	3 10:30 AM Snacks and Hydration - DR 10:30 Morning Meditation and Exercise - TR 1:00 Group Jigsaw Puzzle - TR 3:00 Bingo Marathon - DR	4 10:30 AM Snacks and Hydration - DR 11:00 Music With Ron Rogers - TVR 11:00 Spa Time - DR 1:30 Gardening Club - DR 2:30 Snacks and Hydration - DR 3:00 Arts and Crafts - DR 4:00 Social Hour - DR	5 10:00 John Gibbons Performs - MC 10:30 AM Snacks and Hydration - DR 2:00 Baking Club - DR 3:00 Bingo Marathon - DR 6:00 Movie in Theater Room	6 10:00 Morning Yoga - TR 10:30 AM Snacks and Hydration - DR 2:00 Arts and Crafts - DR 3:00 Bible Study with Jim - TR	7 10:00 Morning Walk 10:30 AM Snacks and Hydration - DR 2:00 Happy Hour - DR 3:00 Afternoon Social - DR	8 10:00 Coffee Social - DR 10:30 AM Snacks and Hydration - DR 1:30 Independent Supplies Available in Theater Room for Your Use 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
9 10:00 Current Events Social - DR 10:30 AM Snacks and Hydration - DR 1:30 Afternoon Movie - TR 2:00 Service With Bishop Edson From The Universal Church - TVR 3:00 Church Service - DR	10 10:30 AM Snacks and Hydration - DR 10:30 Morning Meditation and Exercise - TR 1:00 Group Jigsaw Puzzle - TR 3:00 Bingo Marathon - DR	11 10:30 AM Snacks and Hydration - DR 11:00 Spa Time - DR 1:30 Exercise - TR 3:00 Arts and Crafts - DR	12 10:00 John Gibbons Performs - MC 10:30 AM Snacks and Hydration - DR 11:00 Exercise - TR 3:00 Bingo Marathon - DR 6:00 Movie in Theater Room	13 10:00 Morning Yoga - TR 10:30 AM Snacks and Hydration - DR 2:00 Arts and Crafts - DR 3:00 Bible Study with Jim - TR	14 10:00 Morning Matinee - TR 10:30 AM Snacks and Hydration - DR 2:00 Happy Hour - DR 3:00 Afternoon Social - DR	15 10:00 Coffee Social - DR 10:30 AM Snacks and Hydration - DR 1:30 Independent Supplies Available in Theater Room for Your Use 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
16 10:00 Current Events Social - DR 10:30 AM Snacks and Hydration - DR 1:30 Afternoon Movie - TR 3:00 Church Service - DR	17 10:30 AM Snacks and Hydration - DR 10:30 Morning Meditation and Exercise - TR 1:00 Group Jigsaw Puzzle - TR 3:00 Bingo Marathon - DR	18 10:30 AM Snacks and Hydration - DR 11:00 Music With Ron Rogers - TVR 11:00 Spa Time - DR 2:30 Resident Council Meeting - DR 4:00 Social Hour - DR	19 10:00 John Gibbons Performs - MC 10:30 AM Snacks and Hydration - DR 2:00 Baking Club - DR 3:00 Bingo Marathon - DR 6:00 Movie in Theater Room	20 10:00 Morning Yoga - TR 10:30 AM Snacks and Hydration - DR 2:00 Arts and Crafts - DR 3:00 Bible Study with Jim - TR	21 10:00 Morning Walk 10:30 AM Snacks and Hydration - DR 2:00 Happy Hour - DR 3:00 Afternoon Social - DR	22 10:00 Coffee Social - DR 10:30 AM Snacks and Hydration - DR 1:30 Independent Supplies Available in Theater Room for Your Use 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
23 10:00 Current Events Social - DR 10:30 AM Snacks and Hydration - DR 1:30 Afternoon Movie - TR 2:00 Service With Bishop Edson From The Universal Church - TVR 3:00 Church Service - DR	24 10:30 AM Snacks and Hydration - DR 10:30 Morning Meditation and Exercise - TR 1:00 Group Jigsaw Puzzle - TR 3:00 Bingo Marathon - DR	25 10:30 AM Snacks and Hydration - DR 11:00 Spa Time - DR 1:30 Exercise - TR 2:30 Meet the Chef - DR 3:30 Music With Steve McFaddin - DR	26 10:00 John Gibbons Performs - MC 10:30 AM Snacks and Hydration - DR 11:00 Exercise - TR 3:00 Bingo Store - DR 4:00 Bring Your Best Jokes - DR 6:00 Movie in Theater Room	27 10:00 Morning Yoga - TR 10:30 AM Snacks and Hydration - DR 2:00 Arts and Crafts - DR 3:00 Bible Study with Jim - TR	28 10:00 Morning Matinee - TR 10:30 AM Snacks and Hydration - DR 2:00 Monthly Birthday Celebration - DR 3:00 Afternoon Social - DR	29 10:00 Coffee Social - DR 10:30 AM Snacks and Hydration - DR 1:30 Independent Supplies Available in Theater Room for Your Use 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
30 10:00 Current Events Social - DR 10:30 AM Snacks and Hydration - DR 1:30 Afternoon Movie - TR 3:00 Church Service - DR	31 10:30 AM Snacks and Hydration - DR 10:30 Morning Meditation and Exercise - TR 1:00 Group Jigsaw Puzzle - TR 3:00 Bingo Marathon - DR					





Gearing up for March Madness!

