

THE Harbison Shores Lifestyle



HARBISON SHORES
SENIOR LIVING AT EASE

Like Us!



ASSISTED LIVING COMMUNITY
990 Columbia Avenue · Irmo, SC 29206 · (803) 749-7889 · www.carolina-gardens.com

Hello From the Executive Director



January 2025 we will be bringing in the new year and honoring Dr. Martin Luther King Jr. Dr. King set goals by defining a strategic mission, setting specific and measurable goals that are attainable, aligning goals with core values, creating a timeline and embracing flexibility. We all can capture Dr. King's strategy when setting a New Year's resolution. From the Staff and Residents at Harbison Shores, Happy New Year!
Elaine M. Till, CRCA, NHA
Executive Director

JANUARY 2025

Employee of the Month

Marleen is one of our housekeepers, and we are very grateful to have her as a vital part of our team. Marleen has a very kind and gentle personality, she is always willing to go above and beyond with her work, and she loves spreading happiness to our residents. We are blessed to have you with us, Marleen.



JANUARY 2025

January Birthdays

Wallace Mayers: January 20th
Glenda Stephens: January 24th
Karen Kays: January 29th

Upcoming Holidays

January 1st: Happy New Year!
January 4th: Trivia Day
January 12th: National Hot Tea Day
January 20th: Martin Luther King Jr. Day
January 22nd: National Grandpa Day

Calendar Locations

TR = Theater Room
DR = Dining Room

A Welcome to Our New Residents

No new residents.

'Bold' Is One

How many words can you come up with using the letters in "Golden Globes"?

"The imagination is a palette of bright colors. You can use it to touch up memories—or you can use it to paint dreams."
—Robert Brault

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			New Year's Day 1 10:00 John Gibbons Performs - MC 10:30 AM Snacks and Hydration - DR 11:00 Exercise - TR 3:00 Bingo Marathon - DR 6:00 Movie in Theater Room	2 10:00 Morning Yoga - TR 10:30 AM Snacks and Hydration - DR 2:00 Arts and Crafts - DR 3:00 Bible Study with Jim - TR	3 10:00 Morning Matinee - TR 10:30 AM Snacks and Hydration - DR 2:00 Happy Hour - DR 3:00 Afternoon Social - DR	4 10:00 Morning Stretches - TR 10:30 AM Snacks and Hydration - DR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
5 10:00 Current Events Social - DR 10:30 AM Snacks and Hydration - DR 1:00 Sports On Television - TR 3:00 Church Service - DR	6 10:30 AM Snacks and Hydration - DR 10:30 Morning Meditation and Exercise - TR 1:00 Group Jigsaw Puzzle - TR 3:00 Bingo Marathon - DR	7 10:30 AM Snacks and Hydration - DR 11:00 Spa Time - DR 1:30 Gardening Club - DR 2:30 Snacks and Hydration - DR 3:00 Arts and Crafts - DR 4:00 Social Hour - DR	8 10:00 John Gibbons Performs - MC 10:30 AM Snacks and Hydration - DR 2:00 Baking Club - DR 3:00 Bingo Marathon - DR 6:00 Movie in Theater Room	9 10:00 Morning Yoga - TR 10:30 AM Snacks and Hydration - DR 2:00 Arts and Crafts - DR 3:00 Bible Study with Jim - TR	10 10:00 Morning Walk 10:30 AM Snacks and Hydration - DR 2:00 Happy Hour - DR 3:00 Afternoon Social - DR	11 10:00 Morning Stretches - TR 10:30 AM Snacks and Hydration - DR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
12 10:00 Current Events Social - DR 10:30 AM Snacks and Hydration - DR 11:30 Communion With Chaplain Kelly - DR 1:00 Sports On Television - TR 3:00 Church Service - DR	13 10:30 AM Snacks and Hydration - DR 10:30 Morning Meditation and Exercise - TR 1:00 Group Jigsaw Puzzle - TR 3:00 Bingo Marathon - DR	14 10:30 AM Snacks and Hydration - DR 11:00 Spa Time - DR 1:30 Exercise - TR 3:00 Arts and Crafts - DR	15 10:00 John Gibbons Performs - MC 10:30 AM Snacks and Hydration - DR 11:00 Exercise - TR 3:00 Bingo Marathon - DR 6:00 Movie in Theater Room	16 10:00 Morning Yoga - TR 10:30 AM Snacks and Hydration - DR 2:00 Arts and Crafts - DR 3:00 Bible Study with Jim - TR	17 10:00 Morning Matinee - TR 10:30 AM Snacks and Hydration - DR 2:00 Happy Hour - DR 3:00 Afternoon Social - DR	18 10:00 Morning Stretches - TR 10:30 AM Snacks and Hydration - DR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
19 10:00 Current Events Social - DR 10:30 AM Snacks and Hydration - DR 1:00 Sports On Television - TR 3:00 Church Service - DR	Martin Luther King Jr. Day 20 10:30 AM Snacks and Hydration - DR 10:30 Morning Meditation and Exercise - TR 1:00 Group Jigsaw Puzzle - TR 3:00 Bingo Marathon - DR	21 10:30 AM Snacks and Hydration - DR 11:00 Spa Time - DR 1:30 Exercise With Chaplain Kelly - DR 2:30 Resident Council Meeting - DR 4:00 Social Hour - DR	22 10:00 John Gibbons Performs - MC 10:30 AM Snacks and Hydration - DR 2:00 Baking Club - DR 3:00 Bingo Marathon - DR 6:00 Movie in Theater Room	23 10:00 Morning Yoga - TR 10:30 AM Snacks and Hydration - DR 2:00 Arts and Crafts - DR 3:00 Bible Study with Jim - TR	24 10:00 Morning Walk 10:30 AM Snacks and Hydration - DR 2:00 Happy Hour - DR 3:00 Afternoon Social - DR	25 10:00 Morning Stretches - TR 10:30 AM Snacks and Hydration - DR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
26 10:00 Current Events Social - DR 10:30 AM Snacks and Hydration - DR 1:00 Sports On Television - TR 3:00 Church Service - DR	27 10:30 AM Snacks and Hydration - DR 10:30 Morning Meditation and Exercise - TR 1:00 Group Jigsaw Puzzle - TR 3:00 Bingo Marathon - DR	28 10:30 AM Snacks and Hydration - DR 11:00 Spa Time - DR 1:30 Exercise - TR 2:30 Meet the Chef - DR 3:30 Music With Steve McFaddin - DR	29 10:00 John Gibbons Performs - MC 10:30 AM Snacks and Hydration - DR 11:00 Exercise - TR 3:00 Bingo Store - DR 4:00 Bring Your Best Jokes - DR 6:00 Movie in Theater Room	30 10:00 Morning Yoga - TR 10:30 AM Snacks and Hydration - DR 2:00 Arts and Crafts - DR 3:00 Bible Study with Jim - TR	31 10:00 Morning Matinee - TR 10:30 AM Snacks and Hydration - DR 2:00 Monthly Birthday Celebration - DR 3:00 Afternoon Social - DR	

