

THE Harbison Shores Lifestyle



HARBISON SHORES
SENIOR LIVING AT EASE

Like Us!



ASSISTED LIVING COMMUNITY
990 Columbia Avenue · Irmo, SC 29206 · (803) 749-7889 · www.carolina-gardens.com

Hello From the Executive Director



As Thanksgiving approaches, we want to express our gratitude for the opportunity to serve our residents and families. Your trust inspires us every day. Wishing you a Thanksgiving overflowing with happiness!
Elaine Till, CRCA NHA
Executive Director

NOVEMBER 2024

Resident of the Month

Kay Cowan is such a friendly and social resident. She is great at making friendships, and helping the residents get connected and stay active. Kay is a social butterfly and loves to put together a good puzzle. We are so thankful that she is an important part of the community.



NOVEMBER 2024

November Birthdays

Debbi Webster - November 12th
 Robert Jacobs - November 26th

Upcoming Holidays

November 6th: Saxophone Day
 November 11th: Veterans Day
 November 27th: National Jukebox Day
 November 28th: Thanksgiving

Calendar Locations

TR = Theater Room
 DR = Dining Room

November Gratitude

A few things to be thankful for this month:

- The beauty of the changing leaves.
- Time with loved ones during the holiday season.
- The service of veterans and current military members.

What else can you add?

“Many people will walk in and out of your life, but only true friends will leave footprints in your heart.”
 —Eleanor Roosevelt

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|--|--|--|--|
| | | | | | 1 10:00 Morning Walk 10:30 AM Snacks and Hydration - DR 2:00 Happy Hour - DR 3:00 Afternoon Social On the Porch | 2 10:00 Morning Stretches - TR 10:30 AM Snacks and Hydration - DR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR |
| 3 10:00 Current Events Social - DR 10:30 AM Snacks and Hydration - DR 1:00 Sports On Television - TR 3:00 Church Service - DR | 4 10:00 Morning Meditation and Exercise - TR 10:30 AM Snacks and Hydration - DR 1:00 Group Jigsaw Puzzle - TR 3:00 Bingo Marathon - DR | 5 10:00 Spa Time - DR 10:30 AM Snacks and Hydration - DR 1:30 Exercise - TR 2:00 Pictures for the Newsletters - DR 2:30 Snacks and Hydration - DR | 6 10:00 Exercise - TR 10:00 John Gibbons Performs - MC 10:30 AM Snacks and Hydration - DR 3:00 Bingo Marathon - DR 6:00 Movie in Theater Room | 7 10:00 Morning Yoga - TR 10:30 AM Snacks and Hydration - DR 2:00 Arts and Crafts - DR 3:00 Bible Study with Jim - TR | 8 10:00 Morning Matinee - TR 10:30 AM Snacks and Hydration - DR 2:00 Happy Hour - DR 3:00 Afternoon Social On the Porch | 9 10:00 Morning Stretches - TR 10:30 AM Snacks and Hydration - DR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR |
| 10 10:00 Current Events Social - DR 10:30 AM Snacks and Hydration - DR 1:00 Sports On Television - TR 3:00 Church Service - DR | 11 Veterans Day 10:00 Morning Meditation and Exercise - TR 10:30 AM Snacks and Hydration - DR 1:00 Group Jigsaw Puzzle - TR 3:00 Bingo Marathon - DR | 12 10:00 Spa Time - DR 10:30 AM Snacks and Hydration - DR 1:30 Gardening Club - DR 2:30 Crocheting and Knitting Class - DR 4:00 Reminiscing on the Porch | 13 10:00 John Gibbons Performs - MC 10:30 AM Snacks and Hydration - DR 11:00 Baking Club - DR 3:00 Bingo Marathon - DR 6:00 Movie in Theater Room | 14 10:00 Morning Yoga - TR 10:30 AM Snacks and Hydration - DR 2:00 Arts and Crafts - DR 3:00 Bible Study with Jim - TR | 15 10:00 Morning Walk 10:30 AM Snacks and Hydration - DR 2:00 Happy Hour - DR 3:00 Afternoon Social On the Porch | 16 10:00 Morning Stretches - TR 10:30 AM Snacks and Hydration - DR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR |
| 17 10:00 Current Events Social - DR 10:30 AM Snacks and Hydration - DR 1:00 Sports On Television - TR 3:00 Church Service - DR | 18 10:00 Morning Meditation and Exercise - TR 10:30 AM Snacks and Hydration - DR 1:00 Group Jigsaw Puzzle - TR 3:00 Bingo Marathon - DR | 19 10:00 Spa Time - DR 10:30 AM Snacks and Hydration - DR 1:30 Exercise - TR 2:30 Resident Council Meeting - DR | 20 10:00 Exercise - TR 10:00 John Gibbons Performs - MC 10:30 AM Snacks and Hydration - DR 3:00 Bingo Marathon - DR 6:00 Movie in Theater Room | 21 10:00 Morning Yoga - TR 10:30 AM Snacks and Hydration - DR 2:00 Arts and Crafts - DR 3:00 Bible Study with Jim - TR | 22 10:00 Morning Matinee - TR 10:30 AM Snacks and Hydration - DR 2:00 Happy Hour - DR 3:00 Afternoon Social On the Porch | 23 10:00 Morning Stretches - TR 10:30 AM Snacks and Hydration - DR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR |
| 24 10:00 Current Events Social - DR 10:30 AM Snacks and Hydration - DR 1:00 Sports On Television - TR 3:00 Church Service - DR | 25 10:00 Morning Meditation and Exercise - TR 10:30 AM Snacks and Hydration - DR 1:00 Group Jigsaw Puzzle - TR 3:00 Bingo Marathon - DR | 26 10:00 Spa Time - DR 10:30 AM Snacks and Hydration - DR 1:30 Gardening Club - DR 2:30 Meet the Chef - DR 4:00 Music With Steve McFaddin - DR 4:00 Reminiscing on the Porch | 27 10:00 John Gibbons Performs - MC 10:30 AM Snacks and Hydration - DR 11:00 Baking Club - DR 3:00 Bingo Store - DR 4:00 Bring Your Best Jokes - DR 6:00 Movie in Theater Room | 28 Thanksgiving 10:00 Morning Yoga - TR 10:30 AM Snacks and Hydration - DR 2:00 Arts and Crafts - DR 3:00 Bible Study with Jim - TR | 29 10:00 Morning Walk 10:30 AM Snacks and Hydration - DR 2:00 Monthly Birthday Celebration - DR 3:00 Afternoon Social On the Porch | 30 10:00 Morning Stretches - TR 10:30 AM Snacks and Hydration - DR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR |

Veterans Day

To all of our veterans at Harbison Shores, we thank you for your service. We are grateful for your contribution in protecting our nation and our freedom.



The Management Team

We are thankful for a wonderful management team, our staff, families and residents. We would also like to express our gratitude for the support we receive from our corporate leaders at Tarantino.



A Welcome to Our New Residents

Rita Babbin
Karen Kays
Carolyn Stephens

The Lovely Fish Tank

Located in the memory care TV room, this tank is a beautiful ecosystem of fish and anemones.



Tawanda Reese

We are so excited to have Tawanda as our new activities assistant. She has such a bubbly personality, and lots of experience doing activities with seniors.

