

THE Harbison Shores Lifestyle



HARBISON SHORES
SENIOR LIVING AT EASE

Like Us!



ASSISTED LIVING COMMUNITY
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Hello From the Executive Director



We have been busy planning our annual Halloween Carnival. Each year our carnival grows with more fun activities for the residents, families and staff along with their children, grands and great-grands. The theme for Assisted Living Week is inspiring generations. How fitting that we have three and four generations during our Halloween event. Each year the families and residents ask us about our carnival. This is a wonderful time for fellowship and good fun! This is a perfect time for staff, residents and families to visit. Please save the date: October 30, 2024, from 4:00 PM to 7:00 PM
Happy Halloween from Harbison Shores
Elaine Till, CRCA, NHA
Executive Director

OCTOBER 2024

Resident of the Month

At Harbison Shores, we love Bill Kanthak! He has such a joyful personality, he's light-hearted, and he's a friend to everyone. Thanks for being such a special part of our community, Bill!



OCTOBER 2024

October Birthdays

No October birthdays.

Upcoming Holidays

October 4th: World Animal Day
 October 10th: National Angel Food Cake Day
 October 17th: National Pasta Day
 October 26th: National Pumpkin Day
 October 31st: Halloween

Calendar Locations

TR = Theater Room
 DR = Dining Room

Languages of the World

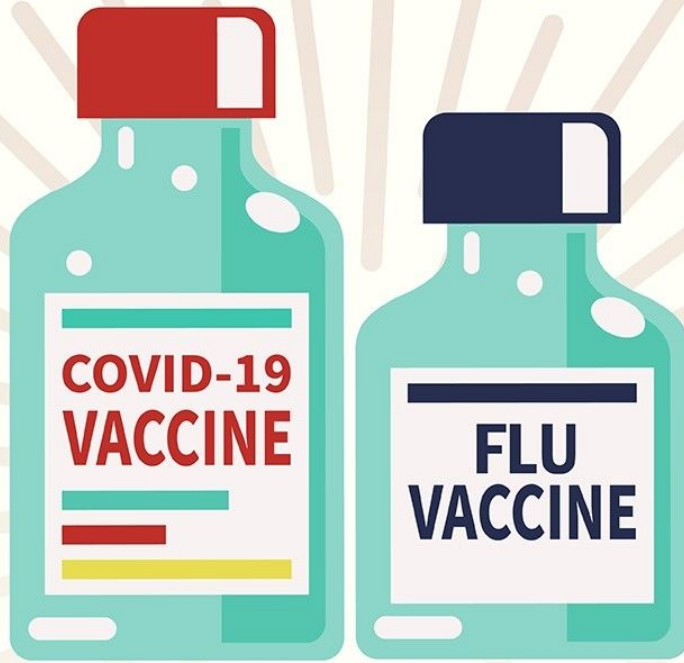
United Nations Day is Oct. 24, recognizing the international organization's founding in 1945. Observe this day of unity and peace by learning a few phrases in one of the UN's official languages: Arabic, Chinese, English, French, Russian and Spanish.

**"Listen! The wind is rising,
 and the air is wild
 with leaves,
 We have had our
 summer evenings,
 now for October eves!"
 —Humbert Wolfe**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:00 Spa Time - DR 10:30 AM Snacks and Hydration - DR 1:30 Gardening Club - DR 2:00 Pictures for the Newsletters - DR 2:30 Snacks and Hydration - DR 4:00 Reminiscing on the Porch	2 10:00 John Gibbons Performs - MC 10:30 AM Snacks and Hydration - DR 11:00 Baking Club - DR 3:00 Bingo Marathon - DR 6:00 Movie in Theater Room	3 10:00 Morning Yoga - TR 10:30 AM Snacks and Hydration - DR 2:00 Arts and Crafts - DR 3:00 Bible Study with Jim - TR	4 10:00 Morning Walk 10:30 AM Snacks and Hydration - DR 2:00 Happy Hour - DR 3:00 Afternoon Social On the Porch	5 10:00 Morning Stretches - TR 10:30 AM Snacks and Hydration - DR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
6 10:00 Current Events Social - DR 10:30 AM Snacks and Hydration - DR 1:00 Sports On Television - TR 3:00 Church Service - DR	7 10:00 Morning Meditation and Exercise - TR 10:30 AM Snacks and Hydration - DR 1:00 Group Jigsaw Puzzle - TR 3:00 Bingo Marathon - DR	8 10:00 Spa Time - DR 10:30 AM Snacks and Hydration - DR 1:30 Exercise - TR 2:30 Crocheting and Knitting Class - DR	9 10:00 Exercise - TR 10:00 John Gibbons Performs - MC 10:30 AM Snacks and Hydration - DR 3:00 Bingo Marathon - DR 6:00 Movie in Theater Room	10 10:00 Morning Yoga - TR 10:30 AM Snacks and Hydration - DR 2:00 Arts and Crafts - DR 3:00 Bible Study with Jim - TR	11 10:00 Morning Matinee - TR 10:30 AM Snacks and Hydration - DR 2:00 Happy Hour - DR 3:00 Afternoon Social On the Porch	12 10:00 Morning Stretches - TR 10:30 AM Snacks and Hydration - DR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
13 10:00 Current Events Social - DR 10:30 AM Snacks and Hydration - DR 1:00 Sports On Television - TR 3:00 Church Service - DR	Columbus Day 14 10:00 Morning Meditation and Exercise - TR 10:30 AM Snacks and Hydration - DR 1:00 Group Jigsaw Puzzle - TR 3:00 Bingo Marathon - DR	15 10:00 Spa Time - DR 10:30 AM Snacks and Hydration - DR 1:30 Gardening Club - DR 2:30 Resident Council Meeting - DR 4:00 Reminiscing on the Porch	16 10:00 John Gibbons Performs - MC 10:30 AM Snacks and Hydration - DR 11:00 Baking Club - DR 3:00 Bingo Marathon - DR 6:00 Movie in Theater Room	17 10:00 Morning Yoga - TR 10:30 AM Snacks and Hydration - DR 2:00 Arts and Crafts - DR 3:00 Bible Study with Jim - TR	18 10:00 Morning Walk 10:30 AM Snacks and Hydration - DR 2:00 Happy Hour - DR 3:00 Afternoon Social On the Porch	19 10:00 Morning Stretches - TR 10:30 AM Snacks and Hydration - DR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
20 10:00 Current Events Social - DR 10:30 AM Snacks and Hydration - DR 1:00 Sports On Television - TR 3:00 Church Service - DR	21 10:00 Morning Meditation and Exercise - TR 10:30 AM Snacks and Hydration - DR 1:00 Group Jigsaw Puzzle - TR 3:00 Bingo Marathon - DR	22 10:00 Spa Time - DR 10:30 AM Snacks and Hydration - DR 1:30 Exercise - TR 2:30 Meet the Chef - DR 4:00 Music With Steve McFaddin - DR	23 10:00 Exercise - TR 10:00 John Gibbons Performs - MC 10:30 AM Snacks and Hydration - DR 3:00 Bingo Marathon - DR 6:00 Movie in Theater Room	24 10:00 Morning Yoga - TR 10:30 AM Snacks and Hydration - DR 2:00 Arts and Crafts - DR 3:00 Bible Study with Jim - TR	25 10:00 Morning Matinee - TR 10:30 AM Snacks and Hydration - DR 2:00 Monthly Birthday Celebration - DR 3:00 Afternoon Social On the Porch	26 10:00 Morning Stretches - TR 10:30 AM Snacks and Hydration - DR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
27 10:00 Current Events Social - DR 10:30 AM Snacks and Hydration - DR 1:00 Sports On Television - TR 3:00 Church Service - DR	28 10:00 Morning Meditation and Exercise - TR 10:30 AM Snacks and Hydration - DR 1:00 Group Jigsaw Puzzle - TR 3:00 Bingo Marathon - DR	29 10:00 Spa Time - DR 10:30 AM Snacks and Hydration - DR 1:30 Gardening Club - DR 4:00 Reminiscing on the Porch	30 10:00 John Gibbons Performs - MC 10:30 AM Snacks and Hydration - DR 11:00 Baking Club - DR 3:00 Bingo Store - DR 4:00 Bring Your Best Jokes - DR 6:00 Movie in Theater Room	31 10:00 Morning Yoga - TR 10:30 AM Snacks and Hydration - DR 2:00 Arts and Crafts - DR 3:00 Bible Study with Jim - TR		

Flu and COVID Vaccine Clinic

For staff and Residents, there will be flu and COVID vaccines on 10/16 from 1:00PM to 3:00PM. If you wish to participate, please save the date.



A Welcome to Our New Residents

Patsy Bruewer
Sheila Atkinson
Carole Mullis
Sandra Stegbauer

Employee Spotlight

Clayton Cokley worked at Harbison Shores for many years, and retired last year. Recently he has returned to work with us during this season and we are so grateful to have him. Clay knows everything about this building and loves the residents. His presence is warm and inviting, and it is a joy to have him with us once again.

