

Hello From the Executive Director



Labor Day is still celebrated across the United States with parades, picnics, barbecues, fireworks displays and other public gatherings.

For many it represents the end of summer and the start of back-to-school season.

We pay tribute to all our employees and their contributions this Labor Day.

Thanks for all you do.

Elaine Till, CRCA, NHA

Executive Director

SEPTEMBER 2024

Resident of the Month



Carol Kolb is very much loved and appreciated here at Harbison Shores. She finds so much happiness in assisting and helping the people around her. Carol regularly shows kindness to the residents in many practical ways; she sets up and assists with bingo, along with other thoughtful things. We are so thankful for you, Carol!





ASSISTED LIVING AL# CRC-2083

SEPTEMBER 2024

September Birthdays

Connie Bickley: September 3rd John Brockman: September

Upcoming Holidays

September 2nd: Labor Day September 7th: National Hummingbird Day September 8th: Grandparents Day September 8th-14th: Assisted Living Week - The theme is "Inspiring Generations."

Calendar Locations

TR = Theater Room
DR = Dining Room

Turn It Upside-Down

What do the words pod and NOON have in common? They are both ambigrams, which are readable words even when they are turned upside-down. The term also applies to artwork, symbols and numbers, such as 1881.

"The journey between what you once were and who you are now becoming is where the dance of life really takes place."

—Barbara de Angelis

N	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SE	- DR	Labor Day 2 10:00 Morning Meditation and Exercise - TR 10:30 AM Snacks and Hydration - DR 1:00 Group Jigsaw Puzzle - TR 3:00 Bingo Marathon - DR	10:00 Spa Time - DR 10:30 AM Snacks and Hydration - DR 1:30 Gardening Club - DR 2:00 Pictures for the Newsletters - DR 2:30 Snacks and Hydration - DR 4:00 Reminiscing on the Porch	4 10:00 John Gibbons Performs - MC 10:30 AM Snacks and Hydration - DR 11:00 Baking Club - DR 3:00 Bingo Marathon - DR 6:00 Movie in Theater Room	10:00 Morning Yoga - TR 10:30 AM Snacks and Hydration - DR 2:00 Arts and Crafts - DR 3:00 Bible Study with Jim - TR	10:00 Morning Walk 10:30 AM Snacks and Hydration - DR 2:00 Happy Hour - DR 3:00 Afternoon Social On the Porch	10:00 Morning Stretches - TR 10:30 AM Snacks and Hydration - DR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
	- DR	9 10:00 Morning Meditation and Exercise - TR 10:30 AM Snacks and Hydration - DR 1:00 Group Jigsaw Puzzle - TR 3:00 Bingo Marathon - DR	10:00 Spa Time - DR 10:30 AM Snacks and Hydration - DR 1:30 Exercise - TR 2:30 Crocheting and Knitting Class - DR	11 10:00 Exercise - TR 10:00 John Gibbons Performs - MC 10:30 AM Snacks and Hydration - DR 3:00 Bingo Marathon - DR 6:00 Movie in Theater Room	10:00 Morning Yoga - TR 10:30 AM Snacks and Hydration - DR 2:00 Arts and Crafts - DR 3:00 Bible Study with Jim - TR	13 10:00 Morning Matinee - TR 10:30 AM Snacks and Hydration - DR 2:00 Happy Hour - DR 3:00 Afternoon Social On the Porch	14 10:00 Morning Stretches - TR 10:30 AM Snacks and Hydration - DR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
nts ed	- DR	16 10:00 Morning Meditation and Exercise - TR 10:30 AM Snacks and Hydration - DR 1:00 Group Jigsaw Puzzle - TR 3:00 Bingo Marathon - DR	17 10:00 Spa Time - DR 10:30 AM Snacks and Hydration - DR 1:30 Gardening Club - DR 2:30 Resident Council Meeting - DR 4:00 Reminiscing on the Porch	10:00 John Gibbons Performs - MC 10:30 AM Snacks and Hydration - DR 11:00 Baking Club - DR 3:00 Bingo Marathon - DR 6:00 Movie in Theater Room	10:00 Morning Yoga - TR 10:30 AM Snacks and Hydration - DR 2:00 Arts and Crafts - DR 3:00 Bible Study with Jim - TR	10:00 Morning Walk 10:30 AM Snacks and Hydration - DR 2:00 Happy Hour - DR 3:00 Afternoon Social On the Porch	10:00 Morning Stretches - TR 10:30 AM Snacks and Hydration - DR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
l I	- DR	10:00 Morning Meditation and Exercise - TR 10:30 AM Snacks and Hydration - DR 1:00 Group Jigsaw Puzzle - TR 3:00 Bingo Marathon - DR	10:00 Spa Time - DR 10:30 AM Snacks and Hydration - DR 1:30 Exercise - TR 2:30 Meet the Chef - DR 4:00 Music With Steve McFaddin - DR	10:00 Exercise - TR 10:00 John Gibbons Performs - MC 10:30 AM Snacks and Hydration - DR 3:00 Bingo Store - DR 4:00 Bring Your Best Jokes - DR 6:00 Movie in Theater Room	10:00 Morning Yoga - TR 10:30 AM Snacks and Hydration - DR 2:00 Arts and Crafts - DR 3:00 Bible Study with Jim - TR	10:00 Morning Matinee - TR 10:30 AM Snacks and Hydration - DR 2:00 Monthly Birthday Celebration - DR 3:00 Afternoon Social On the Porch	10:00 Morning Stretches - TR 10:30 AM Snacks and Hydration - DR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
l ng e	- DR	30 10:00 Morning Meditation and Exercise - TR 10:30 AM Snacks and Hydration - DR 1:00 Group Jigsaw Puzzle - TR 3:00 Bingo Marathon - DR					





A Welcome to Our New Residents

This is something new we are doing, so we thought we would start from the beginning of the year.

the year. Joann Pickering **Ardell Morissey** Betty McKee Betty Gibson Debi Webster Mary Nash John Spears David Simon Harrietta Allen Robert and Mary Jacobs Minnie Peeples Alice Lockyer Vernice James Mary Sikes Jack Powers Glenda Stephens George Wellbrock Susan Smith Laura Hulst

Employee of the Month

Rosezine works as a supervisor on our third shift (at night). She is very responsible, trustworthy, faithfully here, and has an overall sweet and pleasant personality. We are so grateful to have you here, Rosezine!







