

## APRIL 2024

### April Birthday

April 1st: Jo Ann Gillespie

### Fun Upcoming Holidays

April 1st: April Fools' Day

April 5th: National Self-Care Day

April 6th: National Pajama Day

April 12th: National Grilled Cheese Sandwich Day

April 22nd: Earth Day

April 24th: National Pigs in a Blanket Day

April is National Garden Month

### Calendar Locations

TR = Theater Room

DR = Dining Room

### The Dish on Dandelions

Some see dandelions as unwelcome weeds, but this plant with its familiar bright yellow flower has many culinary uses. Its head, root and leaves are used in teas, soups, salads and jelly.

**"Tomorrow morning, when the sun shines through your window, choose to make it a happy day."  
—Lynda Resnick**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:00 Morning Meditation - DR 10:30 AM Snacks and Hydration- DR 1:00 Group Jigsaw Puzzle - TR 2:00 Chair Exercises - TR 3:00 Bingo Marathon - DR	2 10:30 AM Snacks and Hydration- DR 1:30 Gardening With Renee - DR 2:00 Pictures for the Newsletters - DR 4:00 Reminiscing on the Porch	3 10:00 John Gibbons Performs - MC 10:30 AM Snacks and Hydration- DR 2:00 Exercise - TR 3:00 Bingo Marathon - DR 6:00 Movie in Theater Room	4 10:00 Morning Yoga - TR 10:30 AM Snacks and Hydration- DR 2:30 Music With Ryan - DR 3:30 Card Games - TR	5 10:00 Morning Walk 10:30 AM Snacks and Hydration- DR 2:00 Happy Hour - DR 3:00 Bible Study with Jim - TR	6 10:00 Morning Stretches - TR 10:30 AM Snacks and Hydration- DR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
7 10:00 Morning Yoga - TR 10:30 AM Snacks and Hydration- DR 11:00 Church Service On Television - TR 1:00 Sports On Television - TR 4:00 Current Events Social - DR	8 10:00 Morning Meditation - DR 10:30 AM Snacks and Hydration- DR 1:00 Group Jigsaw Puzzle - TR 2:00 Chair Exercises - TR 3:00 Bingo Marathon - DR	9 10:00 Pet Therapy - Lobby 10:30 AM Snacks and Hydration- DR 1:30 Exercise - TR 2:30 Technology Class - DR 4:00 Local History Chat - DR	10 10:00 John Gibbons Performs - MC 10:30 AM Snacks and Hydration- DR 11:00 Baking Club - DR 2:00 Exercise - TR 3:00 Bingo Marathon - DR 6:00 Movie in Theater Room	11 10:00 Morning Yoga - TR 10:30 AM Snacks and Hydration- DR 2:30 Music With Ryan - DR 3:30 Card Games - TR	12 10:00 Morning Walk 10:30 AM Snacks and Hydration- DR 2:00 Happy Hour - DR 3:00 Bible Study with Jim - TR	13 10:00 Morning Stretches - TR 10:30 AM Snacks and Hydration- DR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
14 10:00 Morning Yoga - TR 10:30 AM Snacks and Hydration- DR 11:00 Church Service On Television - TR 1:00 Sports On Television - TR 4:00 Current Events Social - DR	15 10:00 Morning Meditation - DR 10:30 AM Snacks and Hydration- DR 1:00 Group Jigsaw Puzzle - TR 2:00 Chair Exercises - TR 3:00 Bingo Marathon - DR	16 10:30 AM Snacks and Hydration- DR 1:30 Gardening With Renee - DR 2:30 Resident Council Meeting - DR 4:00 Reminiscing on the Porch	17 10:00 John Gibbons Performs - MC 10:00 Lunch Outing - Sign Up 10:30 AM Snacks and Hydration- DR 2:00 Exercise - TR 3:00 Bingo Marathon - DR 6:00 Movie in Theater Room	18 10:00 Morning Yoga - TR 10:30 AM Snacks and Hydration- DR 2:30 Music With Ryan - DR 3:30 Card Games - TR	19 10:00 Morning Walk 10:30 AM Snacks and Hydration- DR 2:00 Happy Hour - DR 3:00 Bible Study with Jim - TR	20 10:00 Morning Stretches - TR 10:30 AM Snacks and Hydration- DR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
21 10:00 Morning Yoga - TR 10:30 AM Snacks and Hydration- DR 11:00 Church Service On Television - TR 1:00 Sports On Television - TR 4:00 Current Events Social - DR	22 10:00 Morning Meditation - DR 10:30 AM Snacks and Hydration- DR 1:00 Group Jigsaw Puzzle - TR 2:00 Chair Exercises - TR 3:00 Bingo Marathon - DR	23 10:30 AM Snacks and Hydration- DR 1:30 Exercise - TR 2:30 Technology Class - DR 4:00 Local History Chat - DR	24 10:00 John Gibbons Performs - MC 10:30 AM Snacks and Hydration- DR 2:00 Exercise - TR 3:00 Bingo Marathon - DR 4:00 Bring Your Best Jokes - DR 6:00 Movie in Theater Room	25 10:00 Morning Yoga - TR 10:30 AM Snacks and Hydration- DR 2:30 Music With Ryan - DR 3:30 Card Games - TR	26 10:00 Morning Walk 10:30 AM Snacks and Hydration- DR 2:00 Happy Hour - DR 3:00 Bible Study with Jim - TR	27 10:00 Morning Stretches - TR 10:30 AM Snacks and Hydration- DR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
28 10:00 Morning Yoga - TR 10:30 AM Snacks and Hydration- DR 11:00 Church Service On Television - TR 1:00 Sports On Television - TR 4:00 Current Events Social - DR	29 10:00 Morning Meditation - DR 10:30 AM Snacks and Hydration- DR 1:00 Group Jigsaw Puzzle - TR 2:00 Chair Exercises - TR 3:00 Bingo Marathon - DR	30 10:30 AM Snacks and Hydration- DR 1:30 Gardening With Renee - DR 4:00 Reminiscing on the Porch				