

THE Harbison Shores Lifestyle



HARBISON SHORES
SENIOR LIVING AT EASE

Like Us!



MEMORY CARE COMMUNITY
990 Columbia Avenue · Irmo, SC 29206 · (803) 749-7889 · www.carolina-gardens.com

Hello From the Executive Director



February is the month that we celebrate Valentine's Day. We will be thinking about flowers, chocolate candy in heart shaped boxes and thoughts of love. February is also celebrated as American Heart Month in the United States. And the first week of February is celebrated as Women's Heart Week. It is a federally designated event that encourages Americans to focus on their heart health and get their families, friends and communities involved. At Harbison Shores we will be wearing red in honor of Valentine's Day and recognizing Heart Health. From All of Us at Harbison Shores Happy Heart Health Month.
Elaine M. Till, NHA, CRCA
Executive Director

FEBRUARY 2024

Director Spotlight

This month, we wanted to shine our spotlight on Brenda, our dining director. There are so many good things that can be said about Brenda, as she has a joyful personality, an excellent quality in her work, faithfulness to her job, a love for the residents, and she is a great team-worker. Brenda always goes above and beyond her job, and is regularly seen putting together parties for the community. Brenda, we are so thankful for you!



FEBRUARY 2024

February Birthdays

February 3rd: Joyce Wilkerson
 February 17th: Sallie Sanders
 February 20th: Kenneth Wiggins
 February 23rd: Annette Burrell
 February 27th: Peggy Agardy

Fun Upcoming Holidays

February 2nd: National River Day
 February 9th: National Pizza Day
 February 16th: National Caregivers Day
 February 25th: National Chocolate Covered Nut Day

Calendar

Locations

TVR = TV Room
 AR = Activity Room
 DR = Dining Room

A Little Self-Love

"To fall in love with yourself is the first secret to happiness."
 —Robert Morley

"Connecting our hearts through love yields a nectar so sweet we are forever full."
 —Amy Leigh Mercree

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:00 Drawing Class - AR 11:00 Sing-along - AR 2:00 Snacks and Hydration 2:30 Music Program - TVR 2:30 Walking Club 3:30 Afternoon Bingo - AR	2 10:00 Morning Exercise - TVR 11:00 Reminiscing on the Porch/Trivia 2:00 Happy Hour - TVR 2:00 Snacks and Hydration 4:00 Afternoon '40s Movie - TVR	3 11:00 Pastor Matt Comes To Visit - TVR 11:00 Puzzle Club - AR 1:30 Sports on Television - TVR 2:00 Snacks and Hydration 2:30 Ball Toss - TVR 3:30 Movie With Lawrence Welk - TVR
4 10:00 Morning Yoga - TVR 11:00 Worship Service - TVR 1:30 Sports on Television - TR 2:00 Snacks and Hydration 3:00 Methodist Church Service - TVR	5 10:00 Cornhole - AR 11:00 Sing-along - AR 2:00 Snacks and Hydration 2:30 Word Games - TVR 3:30 Afternoon Ball Toss - TVR 3:30 Walking Club	6 10:00 Giant-Sized Jenga - AR 11:00 Book Club - DR 2:00 Snacks and Hydration 2:30 Music Program - TVR 3:30 Afternoon Bingo - AR	7 10:00 John Gibbons Performs - AR 10:00 Morning Exercise - TVR 2:00 Snacks and Hydration 2:30 Craft Club - AR 3:30 Afternoon Western Movie - TVR 3:30 Walking Club	8 10:00 Drawing Class - AR 11:00 Sing-along - AR 2:00 Snacks and Hydration 2:30 Music Program - TVR 2:30 Walking Club 3:30 Afternoon Bingo - AR	9 10:00 Morning Exercise - TVR 11:00 Reminiscing on the Porch/Trivia 1:30 Music With Will Parker - TVR 2:00 Snacks and Hydration 4:00 Afternoon '40s Movie - TVR	10 10:00 Walk in the Villa Courtyard 11:00 Puzzle Club - AR 1:30 Sports on Television - TVR 2:00 Snacks and Hydration 2:30 Ball Toss - TVR 3:30 Movie With Lawrence Welk - TVR
11 10:00 Morning Yoga - TVR 11:00 Worship Service - TVR 1:30 Sports on Television - TR 2:00 Snacks and Hydration 3:00 Methodist Church Service - TVR	12 10:00 Cornhole - AR 11:00 Sing-along - AR 2:00 Snacks and Hydration 2:30 Word Games - TVR 3:30 Afternoon Ball Toss - TVR 3:30 Walking Club	13 10:00 Dogs Come In To Be Petted - TVR 10:00 Giant-Sized Jenga - AR 11:00 Book Club - DR 2:00 Snacks and Hydration 2:30 Music Program - TVR 3:30 Afternoon Bingo - AR	14 10:00 John Gibbons Performs - AR 10:00 Morning Exercise - TVR 2:00 Snacks and Hydration 2:30 Craft Club - AR 3:30 Afternoon Western Movie - TVR 3:30 Walking Club 4:00 A Special Valentine's Day Dinner	15 10:00 Drawing Class - AR 11:00 Sing-along - AR 2:00 Snacks and Hydration 2:30 Music Program - TVR 2:30 Walking Club 3:30 Afternoon Bingo - AR	16 10:00 Morning Exercise - TVR 11:00 Reminiscing on the Porch/Trivia 2:00 Happy Hour - TVR 2:00 Snacks and Hydration 4:00 Afternoon '40s Movie - TVR	17 11:00 Puzzle Club - AR 1:30 Sports on Television - TVR 2:00 Snacks and Hydration 2:30 Ball Toss - TVR 3:30 Movie With Lawrence Welk - TVR
18 10:00 Morning Yoga - TVR 11:00 Worship Service - TVR 1:30 Sports on Television - TR 2:00 Snacks and Hydration 3:00 Methodist Church Service - TVR	19 Presidents Day 10:00 Cornhole - AR 11:00 Sing-along - AR 2:00 Snacks and Hydration 2:30 Word Games - TVR 3:30 Afternoon Ball Toss - TVR 3:30 Walking Club	20 10:00 Giant-Sized Jenga - AR 11:00 Book Club - DR 2:00 Snacks and Hydration 2:30 Music Program - TVR 3:30 Afternoon Bingo - AR	21 10:00 John Gibbons Performs - AR 10:00 Morning Exercise - TVR 10:00 Scenic Drive Outing - Sign Up 2:00 Snacks and Hydration 2:30 Craft Club - AR 3:30 Afternoon Western Movie - TVR 3:30 Walking Club	22 10:00 Drawing Class - AR 11:00 Sing-along - AR 2:00 Snacks and Hydration 2:30 Music Program - TVR 2:30 Walking Club 3:30 Afternoon Bingo - AR	23 10:00 Morning Exercise - TVR 11:00 Reminiscing on the Porch/Trivia 1:30 Music With Will Parker - TVR 2:00 Snacks and Hydration 4:00 Afternoon '40s Movie - TVR	24 10:00 Walk in the Villa Courtyard 11:00 Puzzle Club - AR 1:30 Sports on Television - TVR 2:00 Snacks and Hydration 2:30 Ball Toss - TVR 3:30 Movie With Lawrence Welk - TVR
25 10:00 Morning Yoga - TVR 11:00 Worship Service - TVR 1:30 Sports on Television - TR 2:00 Snacks and Hydration 3:00 Methodist Church Service - TVR	26 10:00 Cornhole - AR 11:00 Sing-along - AR 2:00 Snacks and Hydration 2:30 Word Games - TVR 3:30 Afternoon Ball Toss - TVR 3:30 Walking Club	27 10:00 Giant-Sized Jenga - AR 11:00 Book Club - DR 2:00 Snacks and Hydration 2:30 Music Program - TVR 3:30 Afternoon Bingo - AR	28 10:00 John Gibbons Performs - AR 10:00 Morning Exercise - TVR 2:00 Snacks and Hydration 2:30 Craft Club - AR 3:30 Afternoon Western Movie - TVR 3:30 Walking Club	29 10:00 Drawing Class - AR 11:00 Sing-along - AR 2:00 Snacks and Hydration 2:30 Music Program - TVR 2:30 Walking Club 3:30 Afternoon Bingo - AR		

