

# THE Harbison Shores Lifestyle



HARBISON SHORES  
SENIOR LIVING AT EASE

Like Us!



MEMORY CARE COMMUNITY  
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## Hello From the Executive Director



What does that kiss and hug at midnight mean on New Year's Eve?

According to English and German folklore the first person one encounters in a new year and the nature of the encounter sets the tone for the rest of the year.

(From Internet)

A kiss and hug are about strengthening ties you wish to maintain in the future. As I was researching the meaning, I remembered the first New Year's that my dad had passed. I visited my mom and at midnight I gave her a big hug and kiss on her cheek. I knew she really needed that hug. Everyone needs a hug and kiss, and it doesn't have to be a Hallmark romance moment. It can be a best friend, or family member.

On New Year's Eve and throughout the year we will be giving lots of hugs to our residents.

From all of us at Harbison Shores

HAPPY NEW YEAR!

Elaine M. Till, NHA, CRCA

Executive Director

## JANUARY 2024



## Employee of the Year

It is our joy to announce Ethel Davis as employee of the year. In 2013 Ethel made a career change by getting her medical assistant license from Remington College. In October of 2013, she started working at Harbison Shores as a med tech, then was promoted to resident care coordinator, and finally was promoted to director of nursing. When she came here to work, it was her goal to always put the residents first, and it was always her aim to make a positive difference at the community. Ethel has two children and two grandchildren. Ethel, we are super grateful to have you as an important part of the team!

# JANUARY 2024

## January Birthdays

January 10th: Barbara Bell  
 January 16th: Debra Bailey  
 January 30th: Mary Ellen Wright

## Fun Upcoming Holidays

January 2nd: National Science Fiction Day  
 January 12th: National Hot Tea Day  
 January 18th: National Forest Day  
 January 23rd: National Pie Day

## Calendar Locations

TVR = TV Room  
 AR = Activity Room  
 DR = Dining Room

## Remember the Good Times

"The next best thing to the enjoyment of a good time is the recollection of it." — James Lendall Basford

"And now let us believe in a long year that is given to us, new, untouched, full of things that have never been."  
 —Rainer Maria Rilke

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>New Year's Day</b> 1 10:00 Cornhole - AR 11:00 Sing-along - AR 2:00 Snacks and Hydration 2:30 Word Games - TVR 3:30 Afternoon Ball Toss - TVR 3:30 Walking Club	2 10:00 Giant-Sized Jenga - AR 11:00 Book Club - DR 2:00 Snacks and Hydration 2:30 Music Program - TVR 3:30 Afternoon Bingo - AR	3 10:00 John Gibbons Performs - AR 10:00 Morning Exercise - TVR 2:00 Snacks and Hydration 2:30 Craft Club - AR 3:30 Afternoon Western Movie - TVR 3:30 Walking Club	4 10:00 Drawing Class - AR 11:00 Sing-along - AR 2:00 Snacks and Hydration 2:30 Music Program - TVR 2:30 Walking Club 3:30 Afternoon Bingo - AR	5 10:00 Morning Exercise - TVR 11:00 Reminiscing on the Porch/Trivia 2:00 Happy Hour - TVR 2:00 Snacks and Hydration 3:00 Bible Study with Jim - TVR 4:00 Afternoon '40s Movie - TVR	6 11:00 Pastor Matt Comes To Visit - TVR 11:00 Puzzle Club - AR 1:30 Sports on Television - TVR 2:00 Snacks and Hydration 2:30 Ball Toss - TVR 3:30 Movie With Lawrence Welk - TVR
7 10:00 Morning Yoga - TVR 11:00 Worship Service - TVR 1:30 Sports on Television - TR 2:00 Snacks and Hydration 3:00 Methodist Church Service - TVR	8 10:00 Cornhole - AR 11:00 Sing-along - AR 2:00 Snacks and Hydration 2:30 Word Games - TVR 3:30 Afternoon Ball Toss - TVR 3:30 Walking Club	9 10:00 Dogs Come In To Be Petted - TVR 10:00 Giant-Sized Jenga - AR 11:00 Book Club - DR 2:00 Snacks and Hydration 2:30 Music Program - TVR 3:30 Afternoon Bingo - AR	10 10:00 John Gibbons Performs - AR 10:00 Morning Exercise - TVR 2:00 Snacks and Hydration 2:30 Craft Club - AR 3:30 Afternoon Western Movie - TVR 3:30 Walking Club	11 10:00 Drawing Class - AR 11:00 Sing-along - AR 2:00 Snacks and Hydration 2:30 Music Program - TVR 2:30 Walking Club 3:30 Afternoon Bingo - AR	12 10:00 Morning Exercise - TVR 11:00 Reminiscing on the Porch/Trivia 1:30 Music With Will Parker - TVR 2:00 Snacks and Hydration 3:00 Bible Study with Jim - TVR 4:00 Afternoon '40s Movie - TVR	13 10:00 Walk in the Villa Courtyard 11:00 Puzzle Club - AR 1:30 Sports on Television - TVR 2:00 Snacks and Hydration 2:30 Ball Toss - TVR 3:30 Movie With Lawrence Welk - TVR
14 10:00 Morning Yoga - TVR 11:00 Worship Service - TVR 1:30 Sports on Television - TR 2:00 Snacks and Hydration 3:00 Methodist Church Service - TVR	15 <b>Martin Luther King Jr. Day</b> 10:00 Cornhole - AR 11:00 Sing-along - AR 2:00 Snacks and Hydration 2:30 Word Games - TVR 3:30 Afternoon Ball Toss - TVR 3:30 Walking Club	16 10:00 Giant-Sized Jenga - AR 11:00 Book Club - DR 11:00 CV Fashion Store Sets Up - AL Lobby 2:00 Snacks and Hydration 2:30 Music Program - TVR 3:30 Afternoon Bingo - AR	17 10:00 John Gibbons Performs - AR 10:00 Scenic Drive Outing - Sign Up 2:00 Snacks and Hydration 2:30 Craft Club - AR 3:30 Afternoon Western Movie - TVR 3:30 Walking Club	18 10:00 Drawing Class - AR 11:00 Sing-along - AR 2:00 Snacks and Hydration 2:30 Music Program - TVR 2:30 Walking Club 3:30 Afternoon Bingo - AR	19 10:00 Morning Exercise - TVR 11:00 Reminiscing on the Porch/Trivia 2:00 Happy Hour - TVR 2:00 Snacks and Hydration 3:00 Bible Study with Jim - TVR 4:00 Afternoon '40s Movie - TVR	20 11:00 Puzzle Club - AR 1:30 Sports on Television - TVR 2:00 Snacks and Hydration 2:30 Ball Toss - TVR 3:30 Movie With Lawrence Welk - TVR
21 10:00 Morning Yoga - TVR 11:00 Worship Service - TVR 1:30 Sports on Television - TR 2:00 Snacks and Hydration 3:00 Methodist Church Service - TVR	22 10:00 Cornhole - AR 11:00 Sing-along - AR 2:00 Snacks and Hydration 2:30 Word Games - TVR 3:30 Afternoon Ball Toss - TVR 3:30 Walking Club	23 10:00 Giant-Sized Jenga - AR 11:00 Book Club - DR 2:00 Snacks and Hydration 2:30 Music Program - TVR 3:30 Afternoon Bingo - AR	24 10:00 John Gibbons Performs - AR 10:00 Morning Exercise - TVR 2:00 Snacks and Hydration 2:30 Craft Club - AR 3:30 Afternoon Western Movie - TVR 3:30 Walking Club	25 10:00 Drawing Class - AR 11:00 Sing-along - AR 2:00 Snacks and Hydration 2:30 Music Program - TVR 2:30 Walking Club 3:30 Afternoon Bingo - AR	26 10:00 Morning Exercise - TVR 11:00 Reminiscing on the Porch/Trivia 1:30 Music With Will Parker - TVR 2:00 Snacks and Hydration 3:00 Bible Study with Jim - TVR 4:00 Afternoon '40s Movie - TVR	27 10:00 Walk in the Villa Courtyard 11:00 Puzzle Club - AR 1:30 Sports on Television - TVR 2:00 Snacks and Hydration 2:30 Ball Toss - TVR 3:30 Movie With Lawrence Welk - TVR
28 10:00 Morning Yoga - TVR 11:00 Worship Service - TVR 1:30 Sports on Television - TR 2:00 Snacks and Hydration 3:00 Methodist Church Service - TVR	29 10:00 Cornhole - AR 11:00 Sing-along - AR 2:00 Snacks and Hydration 2:30 Word Games - TVR 3:30 Afternoon Ball Toss - TVR 3:30 Walking Club	30 10:00 Giant-Sized Jenga - AR 11:00 Book Club - DR 2:00 Snacks and Hydration 2:30 Music Program - TVR 3:30 Afternoon Bingo - AR	31 10:00 John Gibbons Performs - AR 10:00 Morning Exercise - TVR 2:00 Snacks and Hydration 2:30 Craft Club - AR 3:30 Afternoon Western Movie - TVR 3:30 Walking Club			





From the team of directors at Harbison Shores, we wish you a happy new year!

