

THE Harbison Shores Lifestyle



HARBISON SHORES
SENIOR LIVING AT EASE

Like Us!



ASSISTED LIVING COMMUNITY
990 Columbia Avenue · Irmo, SC 29206 · (803) 749-7889 · www.carolina-gardens.com

Hello From the Executive Director



What does that kiss and hug at midnight mean on New Year's Eve?

According to English and German folklore the first person one encounters in a new year and the nature of the encounter set the tone for the rest of the year.

(From Internet)

A kiss and hug are about strengthening ties you wish to maintain in the future. As I was researching the meaning, I remembered the first New Year's that my dad had passed. I visited my mom and at midnight I gave her a big hug and kiss on her cheek. I knew she really needed that hug. Everyone needs a hug and kiss, and it doesn't have to be a Hallmark romance moment. It can be a best friend, or family member.

On New Year's Eve, and throughout the year, we will be giving lots of hugs to our residents.

From all of us at Harbison Shores

HAPPY NEW YEAR!

Elaine M. Till, NHA, CRCA

Executive Director

JANUARY 2024



Employee of the Year

It is our joy to announce Ethel Davis as employee of the year. In 2013 Ethel made a career change by getting her medical assistant license from Remington College. In October of 2013, she started working at Harbison Shores as a med tech, then was promoted to resident care coordinator, and finally was promoted to director of nursing. When she came here to work, it was her goal to always put the residents first, and it was always her aim to make a positive difference at the community. Ethel has two children and two grandchildren. Ethel, we are super grateful to have you as an important part of the team!

JANUARY 2024

January Birthday

January 20th: Wallace Mayers

Fun Upcoming Holidays

January 2nd: National Science Fiction Day

January 12th: National Hot Tea Day

January 18th: National Forest Day

January 23rd: National Pie Day

Calendar Locations

 TR = Theater Room
 DR = Dining Room

'Who Loves Ya, Baby?'

Enjoy a lollipop on Jan. 21 in honor of Telly Savalas, who was born on that day in 1922. Best known for his award-winning role as a streetwise detective with a sweet tooth on the '70s series "Kojack," Savalas also starred in films such as "The Dirty Dozen" and "On Her Majesty's Secret Service."

**"And now let us believe in a long year that is given to us, new, untouched, full of things that have never been."
 —Rainer Maria Rilke**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	New Year's Day 1 10:00 Morning Exercise - TR 10:30 Gospel Music - DR 1:30 Group Jigsaw Puzzle - TR 3:00 Bingo Marathon - DR	2 10:00 Morning Stretches - TR 2:00 Pictures for the Newsletters - DR 4:00 Local History Chat - DR	3 10:00 John Gibbons Performs - MC 10:00 Morning Exercise - TR 3:00 Bingo Marathon - DR 4:00 Broadway Movie and Discussion - TR	4 10:00 Morning Yoga - TR 2:30 Watercolor Painting - DR 3:30 Kings in the Corner - TR	5 10:00 Morning Exercise - TR 2:00 Happy Hour - DR 4:00 Bible Study with Jim - TR	6 10:00 Morning Stretches - TR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
7 10:00 Morning Yoga - TR 11:00 Church Service On Television - TR 1:00 Sports On Television - TR 4:00 Current Events Social - DR	8 10:00 Morning Exercise - TR 10:30 Gospel Music - DR 1:30 Group Jigsaw Puzzle - TR 3:00 Bingo Marathon - DR	9 10:00 Dogs Come To Be Petted - Lobby 10:00 Exercise With Darlene - TR 1:30 Gardening With Renee - DR 2:30 Technology Class - DR 4:00 This is Your Life, Discussion - DR	10 10:00 John Gibbons Performs - MC 10:00 Morning Exercise - TR 11:00 Baking Club - DR 1:30 Table Games - TR 3:00 Bingo Marathon - DR 4:00 '40s Movie - TR	11 10:00 Morning Yoga - TR 2:30 Watercolor Painting - DR 3:30 Kings in the Corner - TR	12 10:00 Morning Exercise - TR 2:00 Happy Hour - DR 4:00 Bible Study with Jim - TR	13 10:00 Morning Stretches - TR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
14 10:00 Morning Yoga - TR 11:00 Church Service On Television - TR 1:00 Sports On Television - TR 4:00 Current Events Social - DR	Martin Luther King Jr. Day 15 10:00 Morning Exercise - TR 10:30 Gospel Music - DR 1:30 Group Jigsaw Puzzle - TR 3:00 Bingo Marathon - DR	16 10:00 Morning Stretches - TR 11:00 CV Fashion Store Sets Up - Lobby 2:30 Resident Council Meeting - DR 4:00 Local History Chat - DR	17 10:00 John Gibbons Performs - MC 10:00 Morning Exercise - TR 10:00 Scenic Drive Outing - Sign Up 3:00 Bingo Marathon - DR	18 10:00 Morning Yoga - TR 2:30 Watercolor Painting - DR 3:30 Kings in the Corner - TR	19 10:00 Morning Exercise - TR 2:00 Happy Hour - DR 4:00 Bible Study with Jim - TR	20 10:00 Morning Stretches - TR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
21 10:00 Morning Yoga - TR 11:00 Church Service On Television - TR 1:00 Sports On Television - TR 4:00 Current Events Social - DR	22 10:00 Morning Exercise - TR 10:30 Gospel Music - DR 1:30 Group Jigsaw Puzzle - TR 3:00 Bingo Marathon - DR	23 10:00 Exercise With Darlene - TR 1:30 Gardening With Renee - DR 2:30 Technology Class - DR 4:00 This is Your Life, Discussion - DR	24 10:00 John Gibbons Performs - MC 10:00 Morning Exercise - TR 1:30 Table Games - TR 3:00 Bingo Marathon - DR 4:00 '50s Movie - TR	25 10:00 Morning Yoga - TR 2:30 Watercolor Painting - DR 3:30 Kings in the Corner - TR	26 10:00 Morning Exercise - TR 2:00 Happy Hour - DR 4:00 Bible Study with Jim - TR	27 10:00 Morning Stretches - TR 1:30 Sports On Television - TR 3:00 Bingo Marathon - DR 4:00 Classic Movies - TR
28 10:00 Morning Yoga - TR 11:00 Church Service On Television - TR 1:00 Sports On Television - TR 4:00 Current Events Social - DR	29 10:00 Morning Exercise - TR 10:30 Gospel Music - DR 1:30 Group Jigsaw Puzzle - TR 3:00 Bingo Marathon - DR	30 10:00 Morning Stretches - TR 2:00 Kings in the Corner - TR 4:00 Local History Chat - DR	31 10:00 John Gibbons Performs - MC 10:00 Morning Exercise - TR 3:00 Bingo Marathon - DR 4:00 Bring Your Best Jokes - DR			



From the director team at Harbison Shores, we wish you a happy new year!

